

FULL

SPRING LUNCH MENU

Did you order Week 1 last half term?

SUSTAINABLE

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FULL

MONDAY 6 JANUARY

- GD Mild Chicken Tikka Masala with 50/50 Rice, Vegetables & Mini Naan
- GV Red Lentil Dhal with 50/50 Rice, Vegetables & Mini Naan
- GD Jacket Potato with Spaghetti Hoops & Grated Cheese
- GV Shortbread or Fresh Fruit

TUESDAY 7 JANUARY

- GD Somerset Cheese & Tomato Pizza with Baked Beans & Corn Ribs
- GV Plant Powered Sausage Roll with Baked Beans & Corn Ribs
- V Jacket Potato with Mild Chilli non-Carne
- GV Flapjack or Fresh Fruit

WEDNESDAY 8 JANUARY

- GS Devonshire Butchers Sausage with Roast Potatoes, Country Vegetables & Gravy
- GV Best of British Quorn Butchers Sausage with Roast Potatoes, Country Vegetables & Gravy
- GDS Cheese Roll with Marmite Twist & Carrot Sticks
- GV Mini Ginger Biscuit & Pineapple

THURSDAY 9 JANUARY

- D British Beef Cottage Pie with Carrots & Peas
- D Plant Powered Cottage Pie with Carrots & Peas
- D Jacket Potato with Homemade Baked Beans & Grated Cheese
- GE Marble Cake or Fresh Fruit

FRIDAY 10 JANUARY

- FG MSC Battered Fish with Potato Wedges, Sweetcorn & Tomato Ketchup
- GD Bean & Cheese Quesadilla with Potato Wedges, Sweetcorn & Tomato Ketchup
- GDS Ham Roll with Potato Wedges, Cucumber & Tomato Ketchup
- GV Mini Chocolate Cookie & Orange Wedge

MONDAY 13 JANUARY

- GD Creamy Pesto Chicken with Rice, Green Beans & Garlic Bread
- GDE Creamy Pesto Quorn with Rice, Green Beans & Garlic Bread
- D Jacket Potato with Baked Beans & Grated Cheese
- GD Fruit Crumble & Custard

TUESDAY 14 JANUARY

- G British Beef Bolognese with Wholemeal Pasta & Peas
- GV Veg Packed Bolognese with Wholemeal Pasta & Peas
- D Jacket Potato with Grated Cheese & Cucumber
- GV Jammy Shortbread or Fresh Fruit

WEDNESDAY 15 JANUARY

- D Roast Dorset Gammon with Mashed Potato, Country Vegetables & Gravy
- GDE Veg Powered "Meat" Loaf with Mashed Potato, Country Vegetables & Gravy
- GDS Cheese Roll with Tomato Pinwheel & Carrot Sticks
- GV Mini Oat Cookie & Melon

THURSDAY 16 JANUARY

- GS Pork & Apple Burger in a Roll with Baked Beans & Corn Ribs
- GDS Cheese & Bean Burger in a Roll with Baked Beans & Corn Ribs
- FE Jacket Potato with Tuna Mayo & Cucumber
- GD Chocolate Crispy Cake or Fresh Fruit

FRIDAY 17 JANUARY

- FG MSC Breaded Fish with Potato Wedges, Peas & Tomato Ketchup
- GDE Cheese & Onion Quiche with Potato Wedges, Peas & Tomato Ketchup
- GDS BLT Roll with Potato Wedges, Carrot Sticks & Tomato Ketchup
- GE Rock Cake or Fresh Fruit

MONDAY 20 JANUARY

- GD LFL 5 Veg Tomato Sauce with British Beef Meatballs, Pasta, Grated Cheese & Sweetcorn
- GD LFL 5 Veg Tomato Sauce with Plant Packed Meatballs, Pasta, Grated Cheese & Sweetcorn
- V Jacket Potato with Mild Chilli non-Carne
- GV Apple & Oat Bar or Fresh Fruit

TUESDAY 21 JANUARY

- G BBQ Chicken with 50/50 Rice, Tortilla Wrap & Peas
- GE BBQ Quorn with 50/50 Rice, Tortilla Wrap & Peas
- D Jacket Potato with Baked Beans & Grated Cheese
- GV Mini Oat Cookie & Watermelon

WEDNESDAY 22 JANUARY

- GD Roast British Turkey with Roast Potatoes, Country Vegetables & Gravy
- GE Butternut Squash Loaf with Roast Potatoes, Country Vegetables & Gravy
- GDS Cheese Roll with Marmite Twist & Carrot Sticks
- GE Mini Chocolate Brownie & Orange Wedge

THURSDAY 23 JANUARY

- GD British Beef Lasagne with Carrots & Sweetcorn
- GD Plant Packed Lasagne with Carrots & Sweetcorn
- FE Jacket Potato with Tuna Mayo & Cucumber
- GE Jammy Cupcake or Fresh Fruit

FRIDAY 24 JANUARY

- FG MSC Battered Fish with Potato Wedges, Sweetcorn & Tomato Ketchup
- GDE Cheese & Leek Sausage with Potato Wedges, Sweetcorn & Tomato Ketchup
- GSE Turkey & Pesto Mayo Roll with Potato Wedges & Carrot Sticks
- GV Chocolate Cookie or Fresh Fruit

MONDAY 27 JANUARY

- GD Mild Chicken Tikka Masala with 50/50 Rice, Vegetables & Mini Naan
- GV Red Lentil Dhal with 50/50 Rice, Vegetables & Mini Naan
- D Jacket Potato with Baked Beans & Grated Cheese
- GV Oat & Apricot Cookie or Fresh Fruit

TUESDAY 28 JANUARY

- GD Somerset Cheese & Tomato Pizza with Baked Beans & Corn Ribs
- GV Plant Powered Sausage Roll with Baked Beans & Corn Ribs
- D Jacket Potato with Herby Cream Cheese & Cucumber
- GV Chocolate Flapjack & Orange Wedge

WEDNESDAY 29 JANUARY

- D Roast British Pork Loin with Roast Potatoes, Country Vegetables & Gravy
- D Cauliflower & Broccoli Cheese with Roast Potatoes, Country Vegetables & Gravy
- GDS Hummus & Crunchy Pepper Roll with Cheese Pinwheel & Carrot Sticks
- GE Dorset Apple Cake or Fresh Fruit

THURSDAY 30 JANUARY

- GDS Sausage & Bean Casserole with Buttery Mash, Carrots & Sweetcorn
- GD Quorn Sausage & Bean Casserole with Buttery Mash, Carrots & Sweetcorn
- D Jacket Potato with Grated Cheese & Cucumber
- GE Vanilla Cookie or Fresh Fruit

FRIDAY 31 JANUARY

- FG Fish Fingers with Chips, Peas & Tomato Ketchup
- GV Fishless Fingers with Chips, Peas & Tomato Ketchup
- GDS Cheese Roll with Chips, Carrot Sticks & Tomato Ketchup
- GV Mini Ginger Biscuit & Pineapple

MONDAY 3 FEBRUARY

- GD Creamy Pesto Chicken with Rice, Green Beans & Garlic Bread
- GDE Creamy Pesto Quorn with Rice, Green Beans & Garlic Bread
- D Jacket Potato with Baked Beans & Grated Cheese
- GD Fruit Crumble & Custard

TUESDAY 4 FEBRUARY

- G British Beef Bolognese with Wholemeal Pasta & Peas
- GV Veg Packed Bolognese with Wholemeal Pasta & Peas
- D Jacket Potato with Grated Cheese & Cucumber
- GV Jammy Shortbread or Fresh Fruit

WEDNESDAY 5 FEBRUARY

- D Roast Dorset Gammon with Mashed Potato, Country Vegetables & Gravy
- GDE Veg Powered "Meat" Loaf with Mashed Potato, Country Vegetables & Gravy
- GDS Cheese Roll with Tomato Pinwheel & Carrot Sticks
- GV Mini Oat Cookie & Melon

THURSDAY 6 FEBRUARY

- GS Pork & Apple Burger in a Roll with Baked Beans & Corn Ribs
- GDS Cheese & Bean Burger in a Roll with Baked Beans & Corn Ribs
- FE Jacket Potato with Tuna Mayo & Cucumber
- GD Chocolate Crispy Cake or Fresh Fruit

FRIDAY 7 FEBRUARY

- FG MSC Breaded Fish with Potato Wedges, Peas & Tomato Ketchup
- GDE Cheese & Onion Quiche with Potato Wedges, Peas & Tomato Ketchup
- GDS BLT Roll with Potato Wedges, Carrot Sticks & Tomato Ketchup
- GE Rock Cake or Fresh Fruit

MONDAY 10 FEBRUARY

- GD LFL 5 Veg Tomato Sauce with British Beef Meatballs, Pasta, Grated Cheese & Sweetcorn
- GD LFL 5 Veg Tomato Sauce with Plant Packed Meatballs, Pasta, Grated Cheese & Sweetcorn
- V Jacket Potato with Mild Chilli non-Carne
- GV Apple & Oat Bar or Fresh Fruit

TUESDAY 11 FEBRUARY

- G BBQ Chicken with 50/50 Rice, Tortilla Wrap & Peas
- GE BBQ Quorn with 50/50 Rice, Tortilla Wrap & Peas
- D Jacket Potato with Baked Beans & Grated Cheese
- GV Mini Oat Cookie & Watermelon

WEDNESDAY 12 FEBRUARY

- GD Roast British Turkey with Roast Potatoes, Country Vegetables & Gravy
- GE Butternut Squash Loaf with Roast Potatoes, Country Vegetables & Gravy
- GDS Cheese Roll with Marmite Twist & Carrot Sticks
- GE Mini Chocolate Brownie & Orange Wedge

THURSDAY 13 FEBRUARY

- GD British Beef Lasagne with Carrots & Sweetcorn
- GD Plant Packed Lasagne with Carrots & Sweetcorn
- FE Jacket Potato with Tuna Mayo & Cucumber
- GE Jammy Cupcake or Fresh Fruit

FRIDAY 14 FEBRUARY

- FG MSC Battered Fish with Potato Wedges, Sweetcorn & Tomato Ketchup
- GDE Cheese & Leek Sausage with Potato Wedges, Sweetcorn & Tomato Ketchup
- GSE Turkey & Pesto Mayo Roll with Potato Wedges & Carrot Sticks
- GV Valentines Chocolate Cookie or Fresh Fruit

Half Term Holiday!

MONDAY 24 FEBRUARY

- GD Mild Chicken Tikka Masala with 50/50 Rice, Vegetables & Mini Naan
- GV Red Lentil Dhal with 50/50 Rice, Vegetables & Mini Naan
- D Jacket Potato with Baked Beans & Grated Cheese
- GV Oat & Apricot Cookie or Fresh Fruit

TUESDAY 25 FEBRUARY

- GD Somerset Cheese & Tomato Pizza with Baked Beans & Corn Ribs
- GV Plant Powered Sausage Roll with Baked Beans & Corn Ribs
- D Jacket Potato with Herby Cream Cheese & Cucumber
- GV Chocolate Flapjack & Orange Wedge

WEDNESDAY 26 FEBRUARY

- GDS Roast British Pork Loin with Roast Potatoes, Country Vegetables & Gravy
- D Cauliflower & Broccoli Cheese with Roast Potatoes, Country Vegetables & Gravy
- GDS Hummus & Crunchy Pepper Roll with Cheese Pinwheel & Carrot Sticks
- GE Dorset Apple Cake or Fresh Fruit

THURSDAY 27 FEBRUARY

- GDS Sausage & Bean Casserole with Buttery Mash, Carrots & Sweetcorn
- GD Quorn Sausage & Bean Casserole with Buttery Mash, Carrots & Sweetcorn
- D Jacket Potato with Grated Cheese & Cucumber
- GE Vanilla Cookie or Fresh Fruit

FRIDAY 28 FEBRUARY

- FG Fish Fingers with Chips, Peas & Tomato Ketchup
- GV Fishless Fingers with Chips, Peas & Tomato Ketchup
- GDS Cheese Roll with Chips, Carrot Sticks & Tomato Ketchup
- GV Mini Ginger Biscuit & Pineapple

WE RESERVE THE RIGHT TO MAKE MENU CHANGES WHEN NECESSARY

CONTAINS ALLERGENS

G Gluten D Dairy E Egg S Soya F Fish C Coconut V Vegan